

First Contact Practitioner (FCP)

What is a FCP?

- A highly skilled musculoskeletal practitioner
- Expert in assessing and diagnosing bone, joint and muscle pain
- Advanced clinical skills- identification of red flags and non-MSK masquerades
- Referral for diagnostics/other services

Benefits of FCP

- Rapid access to an expert musculoskeletal practitioner
- Supports right patient, right clinician, first time
- Reduction in GP workload
- Improved referral effectiveness
- Multi-disciplinary collaboration

FCP at Al-Shifa Medical Centre: Asif Din

Profession: Physiotherapist

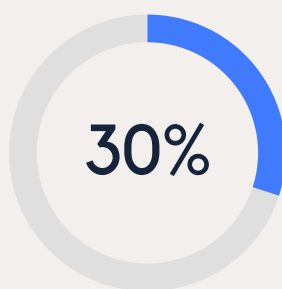
Clinical Day: Tuesday

Appointment Times: 08:00-17:00

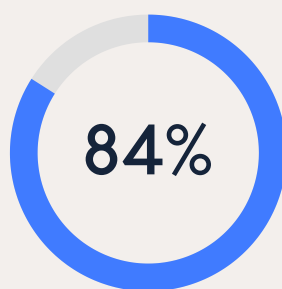
Appointments available via telephone, video or face-to-face.



Appointments for MSK conditions in GP Practices



Highly satisfied patients with FCP Service in Manchester



Would recommend the FCP service in Manchester to family/friends



Inclusion Criteria

- Soft tissue injuries, sprains, strains or sports injuries
- Arthritis- any joint
- Muscle, ligament, tendon or bone problems (i.e. tennis elbow, ankle sprains)
- Spinal pain including lower back, mid-back and neck pain
- Spinal-related pain in arms or legs, including nerve symptoms (i.e. pins and needles or numbness)
- Post-Orthopaedic Surgery

Exclusion Criteria

- Acutely unwell
- Patients under 18
- Medication reviews
- Women's Health, antenatal and post-natal problems
- House-bound patients
- Neurological and respiratory conditions
- Headaches
- Acute mental health crises
- Patients who do not want to see a FCP